

LEADING EDGE



Basic Working At Height Training



Basic Working At Height Training

Who Is This Course For

This basic working at height safety training course is specifically designed for anyone whose job requires them to work at height, and which involves them using the necessary height safety equipment to do this work safely.

This course can also benefit the supervisor/manager responsible for those working at height and looking for a basic understanding to better appreciate the activity to control the process safely.

What Are The Objectives Of The Course

The aim of this course is to keep it simple and real, whilst all the key subject areas are covered of how to work safely at height. The course concentrates on what the delegate really needs to know for the type of the work being done, for specific applications and work locations.

Learning Outcomes

On completion of the course the delegates will be competent to work safely at height with a strong hazard awareness and a sound theoretical knowledge and practical experience of using fall arrest equipment

Delegates will have the ability to assess the risks and requirements needed for safely working at height in their scope of work.

They will also be able to use their job specific fall protection equipment with a high level of efficiency and confidence, as well as have the practical ability to utilise the equipment correctly and safely.





Basic Working At Height Training Introduction

Working at height today requires an awareness of the inherent dangers in the job being done and the environment in which the work is being carried out.

It needs the worker to be vigilant and have an attitude and willingness to take great care.

Workers need to be trained to achieve a higher standard of competence in order to work safely at height.

Targeted application and task specific knowledge can improve a workers confidence and overall safety and will also go a long way in preventing accidents, serious injuries, and even the loss of life.

The aim of this course is to keep it simple and real, whilst all the key subject areas are covered. The course concentrates on what the delegate really needs to know for the nature of the work being done, for specific applications and work locations.

Special regard is given to the level of competence of the worker to ensure that delegates are fully competent and able to identify and be aware of the risks involved and have the understanding and skills to work safely at height .

The result is that delegates leave the course retaining the information, understanding it's personal to them and their safety, which will also help to reduce skill fade.

Your Ticket To Safety

Leading Edge delivers fresh, dynamic and enthusiastic learning presentations with practical applications to make the experience as enjoyable as possible. This will ensure the course is memorable and allows candidates to easily digest the safety information. On successful completion of the course and examination, candidates will be issued with a Leading Edge Photo ID card and certification as proof of their accomplishment and safety awareness. Plus this course entitles you to our free site safety 'Service Pack' program.

We Guarantee Our Training Free Licence Card Support

If you discover an operative, who was previously trained by us, currently working in an unsafe manner or not adhering to safety practices then you can implement the card licensing system and remove their card authority by cutting off one of the four corners of their licence card.

Following this step, you can then contact Leading Edge and a technical support member will arrange to come on-site and provide additional instruction to the operative and offer site management support Free of Charge.

This will help the staff regain the skills they need to get back to their job and work in safe environment.

Basic Working at Heights - Course Content

The course focuses on what you need to know to use the right working at height safety equipment in order to create the safest working environment possible. The course also develops and instructs on safe methods of working according to the trade and specific work applications.

Theory (3 Hours)

This height safety course is broken down into topics relevant to the nature and scope of the work being carried out at height. Subjects such as the critical importance of correct harness fitting, how to use specific equipment given necessary levels of access.

Understanding anchorage requirements and suitability when working day to day, along with general height safety knowledge on what you can and can't do when working at height, and what you can and can't use when it comes to equipment suitable for the application.

Practical (1 Hours)

Candidates will be taken out into their workplace for practical training and to gain real on the job experience. At this time we evaluate each individual's capabilities and correct any short-comings.

A practical assessment will also allow candidates to voice any concerns or issues they may have about their working environment and the equipment they use. Our experienced instructors work closely with delegates to provide accurate, safe 'on the job' solutions.

This practical focus will allow the candidate to feel more confident in their abilities and gain a stronger competency for the use of fall arrest equipment relative to the application. Delegates will find they can work more efficiently and safely.

What Makes This Course Different?

This Working at Height safety training course has been thoroughly developed with our extensive knowledge and first-hand experience of how things really happen on specific jobs at work.

The course is designed with the level of experience and skills for different trades, tasks, scope of work, exposure, while bearing in mind the available access. Our aim is to provide the optimum training experience to suit the capability of each individual worker.

Why You Should Feel Happy To Use Us For Your Working At Height Training

We currently have more than 5,000 people every single year complete our Leading Edge height safety training to not only gain the certification they need but also the competence to work safely.

With more than 50 years of experience in technical height safety training and products, we have determined not only to provide the best fall protection and height safety training possible.

We also continuously develop new ideas, further our technological expertise, understand and implement new techniques and repeatedly set higher standards of safe working at height.

We believe that this marks us out as the Leading Edge of Height Safety Training, giving you the confidence to know you're getting the best.

We Train On Your Site, In Real Working Conditions, Solving Real On The Job Problems.

Don't just take our word for it

Please take a moment to visit our testimonials and find out what our customers think of the service and training we provided.

We have received feedback from many of our customers who have reported that our training inspires greater levels of confidence in the operatives working at height, as a result operative's work more safely and efficiently.

Location Onsite

Our training is job specific and so in order to provide the most effective training we deliver courses on-site. We provide direct training at your location both nationwide and internationally. So wherever you are, we can deliver the training courses you need.

Duration - ½ Day (8.30am to 1pm)

Our courses last a full half a day to ensure candidates receive excellent training and practical assessments. Because our training is held on-site it will minimise disruption and traveling times so you can maintain your workplace schedule.

Basic Working At Height Training | ½ Day



Basic Working At Height Course Programme

Theory (3 Hours)

Course Introduction

Height safety statistics, awareness and reality check

Basic specific legal outline/requirements & duties

Group harness competence workshop

Working at height methodology - fall arrest/work positioning/restraint/systems etc.

Rescue considerations specific to scope of workplace and access

Basic elements of safe working procedures/equipment principles/user selection considerations:

- Harnesses (Design and access configurations)
- Lanyards (Fixed length/Adjustable/Shock Absorbing)
- Inertia Reels
- Restraint (Fixed length/Adjustable)
- Connectors (Maillon/Karabiners/Hooks/Soft-links)
- Lifelines (Temp/Perm/Fall Arrest/Restraint)
- Anchors (Fixed/Temporary)
- Fixed and Temporary Systems (Vertical & Horizontal)
- Personal Relief Systems

Equipment limitations for work specific requirements / job suitability

Anchorage - propriety devices in consideration with access and application

Rescue considerations specific to scope of work

Group exercise - inspection and care of kit workshop

Good and bad practice

Multi question examination paper

Photo ID

Course Programme - Practical (4 Hours)

Practical group exercise is carried out where workers are currently working live for direct association with tasks and duties and scope of works.

Group informal risk assessment

Method of work selection process

Equipment selection, identification and familiarization

Anchorage considerations and set up

Practical safe working exercises across equipment selection

Group practice and instructor evaluation

Instructor live guidance and walkabout

Review of site issues

Trade Specific & Tailor Made Training Courses

Training is not just about 'Generic Principles', to us it's about improving site safety, awareness and productivity through workplace, trade and job specific guidance.

Our courses are tailored to your place of work, the job being done, sequence of work, restrictions and equipment suitability.

This training has direct association and adds real value.

Every Customer Is Unique

For example, where we need to consider the work methodology, processes, height safety and equipment requirements for a particular job, we take into account the nature of the job being done and the surrounding environment, access and restrictions and then provide specific guidance for how to do the work safely.

Our courses highlight good and bad practice and what you really need to 'know and do' to be safe while working at height.

Understanding Your Needs

We train every day at job locations and we understand how our customers want to work. We adapt and tailor our training to your specific needs so you can work safely at height and improve your employees confidence and efficiency given your work and trade requirements.

We don't only train in our own equipment but whatever you are currently using, including inertia reels, alsipercha, lifeline, restraint systems and rope access etc . Making sure that the equipment you are using it is used appropriately and safely.

Trade Specific

All Leading Edge courses are available with greater emphasis for the following industries and trades :

- Airline Industries
- Environment
- Utilities
- Oil and Gas
- Process and Chemical Plant
- Telecommunication
- Military
- Factory
- Plant and Machinery
- Roof and windows
- General worker at height
- Demolition
- Inspection at height
- Mechanical and Electrical
- Temporary Works
- Scaffolding and Towers
- Steel worker
- Powered Access
- Construction

There are many more industries and trades than identified on this list. We have done this type of training onsite and for so long that we really understand your job requirements and can tailor our course to match your needs specifically.

Tailor Made Training Courses

Some customers require something a bit special. They like our courses so much they ask us to tailor them exactly to their specific needs.

Location Onsite

Our training is job specific and so in order to provide the most effective training we deliver courses on-site. We provide direct training at your location both nationwide and internationally. So wherever you are, we can deliver the training courses you need.

Pricing Information

Location: Client's Site

Our training is job specific and so in order to provide the most effective training we deliver courses on-site. We provide direct training at your location both nationwide and internationally. So wherever you are, we can deliver the training courses you need.

Duration - ½ Day (8.30am to 1.00pm)

Our courses last a full day to ensure candidates receive excellent training and practical assessments. Because our training is held on-site it will minimise disruption and traveling times so you can maintain your workplace schedule.

No. Of People	Onsite*
Up to 5 Persons	**Open Enrolment £175 + VAT per person
Up to 10 Persons Course	£995 + VAT
11 - 20 Persons Course	£1420 + VAT

*Course fees include the travel costs for England and Wales only, for all courses outside of this area there will be additional travel costs as appropriate.

**Open Enrolment courses are held at the Leading Edge training rooms in Gosport, Hampshire.

(We require a minimum of 3 candidates for a course to proceed).
Call: 01329 550 121 for next available dates or more information.

Telephone: 01329 550 121 | Fax: 01329 550 470

Leading Edge Safety Group Booking Form

Fax This Form Back On: 01329 550 470

Terms & Conditions

- Provisional dates can only be reserved for 24hrs before booking is lost
- Booking confirmation is only accepted on completion and return of this form.
- Course cancellation made at or under 5 working days notice will be invoiced at full course cost.
- Photo ID Licences and Certificates will be released on receipt of payment
- By signing this form you agree to these terms and conditions.

Client Details	
Booking Contact:	
Position:	
Company:	
Address:	
Email:	
Tel:	
Fax:	

Training Location Details	
Site Name / Project:	
Site Address:	
Site Contact	
Site Tel No:	

Course Details	
Training Course:	
Training Date:	
No Of People Attending Course	
Course Fee:	
Course Start Time:	

Order Confirmation	
Order No:	
Print Name:	
Signature:	
Date:	
	(by signing this document you agree to the Terms & Conditions Listed Above)

Cards & Certificates	
Please give details of where you would like cards and certificates sent to:	
Postal Address:	
Contact Name:	

Course Location Requirements

- Classroom courses containing a theory element will require a room with a suitable number of tables, chairs and 240v power supply
- Courses containing a practical section will require a clear area ideally where the candidates are working for direct association
- Rescue courses additionally require an open edge with height clearance



Leading Edge

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