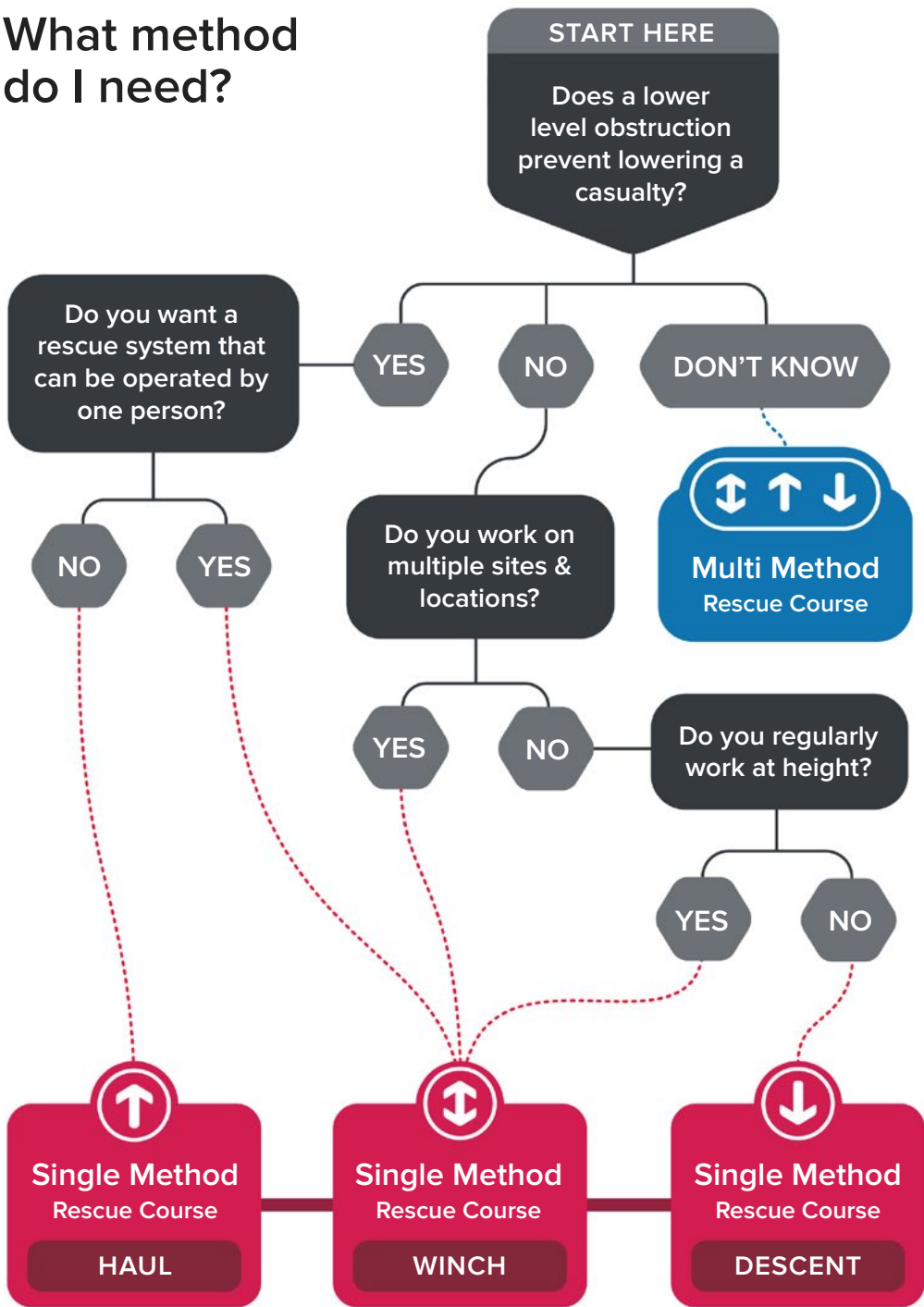


# What method do I need?



Still unsure what you need? Sit the Multi Method rescue course and discover how to implement the right system for your scope of work, level of access and personnel.

FULL DAY

# Multi Method Rescue Course

Learn every rescue method during 8 hours of training with 1½ hours of theory and 6 hours of practical exercises — recommended for management.

HALF DAY

# Single Method Rescue Course

Learn your choice of Winch, Descent or Haul system during 5 hours of training with 1 hour of theory and 3½ hours of practical exercises — ideal for general operatives.

# Winch, Haul & Descent Height Rescue Course

Leading Edge height rescue training gives you the skills to execute instant recoveries using descent, haul or winch rescue systems. Together they enable recovery from any situation by raising or lowering a casualty to safety. Choose which method you need (or all three) and gain complete competence to rig, deploy and conduct the safe recovery of a fall victim in under 5 minutes.

## Key Topics

- Rescue System Rigging
- Deployment & Operation
- Self Recovery
- Suspension Intolerance
- Harness Refresher Training
- Kit Inspection
- Reflow Syndrome
- Horizontal & Vertical Recovery
- Rescue Planning
- Post-Fall First Aid
- Equipment Selection
- Packing & Storage
- Conscious/Unconscious Recovery

## Who is it for?

This course is for individuals working at height who are required to conduct a height rescue in the event of a fall or those involved in the creation of a rescue plans.



All Kit  
Provided



Recognised  
Certs & ID's



Valid for  
3 Years

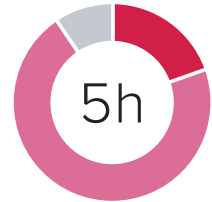


OPEN ENROLMENT		
In-House	Single-Method	£135pp
	Multi-Method	£175pp
On-Site	Single-Method	×
	Multi-Method	×

1-5 PERSONS		
In-House	Single-Method	£595
	Multi-Method	£795
On-Site	Single-Method	£795
	Multi-Method	£1060

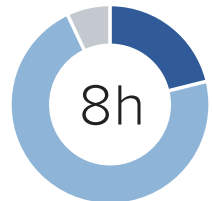
6-10 PERSONS		
In-House	Single-Method	×
	Multi-Method	×
On-Site	Single-Method	£1060
	Multi-Method	£1410

### SINGLE-METHOD



- 1h Theory
- 3½h Practical
- ½h Break

### MULTI-METHOD



- 1½h Theory
- 6h Practical
- ½h Break



# Training Booking Form



### Training Location

Site/Project Name

Address

Site Contact      Phone No.

Email Address

### Invoice Details

Company Name

Address

Accounts Contact      Phone No.

Email Address

Purchase Order Number

### Course Details

Course	Class Size	Date	Start Time	Cost (EX-VAT)

### Certificate Delivery Address

Address

Contact Name

### Customer Signature

Signature

Title      Name

*By signing this document you agree to our terms and conditions.*

- » Provisional training dates can only be reserved for 24hrs before booking is lost
- » Booking confirmation is only accepted on full completion and return of this form
- » we reserve the right to alter prices and course content without notice.
- » Photo ID Licences and Certificates will be released on receipt of payment
- » if delegate numbers change on the day of training, you will be charged according to the group size

## England & Wales

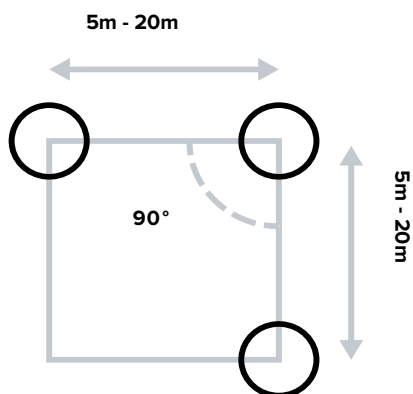
Cancellation/amendments must be notified in writing:

- » Within 10 working days of the course date for zero charge
- » Within 7 working days of the course for a 50% charge
- » At 6 working days or under of the course, the full cost of the course will be invoiced
- » Courses north of Birmingham may incur a travel charge, which will form part of the overall course cost

## Scotland

Cancellation/amendments must be notified in writing:

- » Within 14 working days of the course date for zero charge
- » Within 11 working days of the course for a 50% charge
- » At 10 working days or under of the course, the full cost of the course will be invoiced
- » Courses run in Scotland will incur a travel charge, which will form part of the overall course cost

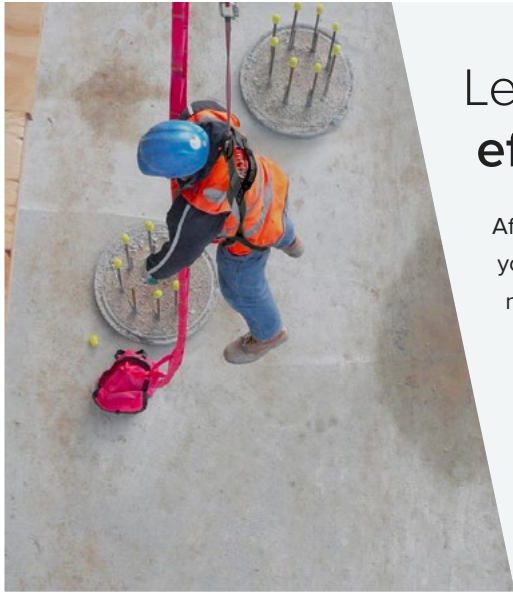


## ⚠ Site Requirements:

Practical exercises require three anchor points\* placed at right angles and spaced between 5 and 20 metres.

Don't fret if site access is unavailable. We strive to be as accommodating as possible and can conduct practical lessons in car parks, fields and classrooms when necessary!

*\*columns, railings, fencing, metal structures, rebar or anything capable of supporting 300kg.*

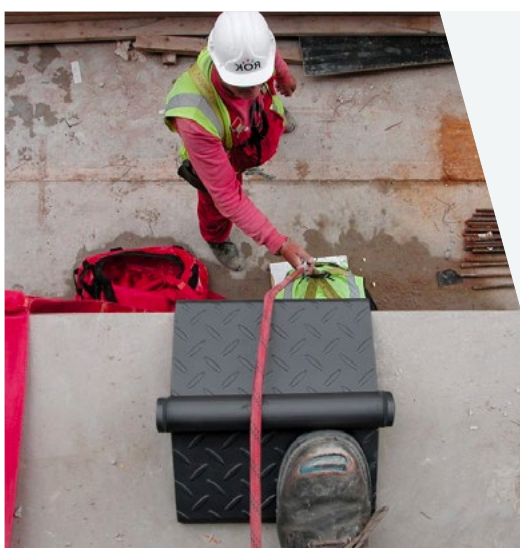


## Learn the devastating effects of falling.

After covering statistics and legislation that help you understand why tethering is so important, you'll not only discover what testing methods to look for when buying tethers, but learn how to safely transport and store your tethered tooling. You'll also learn classifications of different tool types and the options available for tethering them, giving you the skills to select and apply the correct tethers to your own tools.

## Tether real tools.

The real benefit of this course is the full three hours you'll get to physically practice selecting and applying a wide range of tethers to different types of tooling. We'll also show you how to use the Leading Edge tethering roadmap to help you find a complete tethering solution.



## Your password to competence.

Correctly tethering a tool takes more than tying a piece of string around the handle. It's about fully understanding the risks, configuration and selection, equipment mechanics, usage and best practices. This course gives you the all the knowledge, awareness and practical skills to create a safe tool tethering solution.

## Theory ( 1 Hours Single-Method / 1½ Hours Multi-Method )



**Foundation**

- Course Objectives
- Why We Need Height Rescue
- Rescue Statistics
- Operator Controls



**Legislation**

- WAH Regulations
- HSE Guidance
- Codes of Practise
- British Standards



**Harness Training**

- Effects of Falling
- Limitations
- Rescue Steps
- Don A Harness



**Rescue Systems**

- Self Recovery
- Haul System
- Descent System
- Winch System



**Reflow Syndrome**

- Preload
- Vascular Shock



**Suspension Intolerance**

- Venous Pooling
- Orthostatic Intolerance
- Pre-Syncope
- Syncope



**Multi-Choice Examination**

## Practical ( 3½ Hours Single-Method / 6 Hours Multi-Method )



**Induction**

- Safety Brief
- Informal Risk Assessment
- Establish Safe Work Area
- Basic Setup
- Don A Harness



**Self Recovery**

- Orientation
- Rigging & Deployment
- Climbing & Relief Techniques
- Post Use Checks
- Packing & Storage



**Aided Recovery**

- Orientation
- Rigging & Deployment
- Rescue System Operation
- Post Use Checks
- Packing & Storage

**5 Minute Rescue Challenge**

*Test your competence in a live rescue experience.*

